

# LGBTQIA+ Helpline

1300 542 874

**Converge understands that people face many challenges in their lives and that, sometimes, these require specialised support.**

We believe the counsellors providing this support should be specialists with specific social or cultural experience, knowledge and understanding. Your organisation offers access to specialist phone support in addition to your existing Employee Mental Health & Wellbeing Program.

## WHAT IS THIS HELPLINE FOR?

Speak with a specialist counsellor and access support across issues specific to Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual and/or Aromantic people, with the + representing other identities that don't quite fit other labels, or identities that we don't quite have the language to describe yet. You can also discuss referral to specialised services and access to general information and resources.

## WHAT SUPPORT CAN YOU EXPECT?

When you call one of our specialist helpline services, you can access additional support through referrals to external services, specialised information and resources. It's a free and confidential service.

Most importantly, you get to speak with an independent, experienced, trained and supportive counsellor; someone who is there for you during a challenging time.



[convergeinternational.com.au](https://convergeinternational.com.au)



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**Converge**  
Care Anytime Anywhere